

Benefits Events Calendar

Seminars are open to all City employees. Pre-register for new employee benefits orientation using the e-mail address provided. **If there is no registration information, registration is not required.** Questions – Contact Central Benefits at **615-1340** for most sessions or call **447-1924** if you have questions about the Deferred Compensation presentations.

June 2022

Date	Event	Time	Location/Registration
6/2/22 Thursday	HRA VEBA Eligible – Retirement Readiness	11:30 am – 12:30 pm	Click here to register https://bit.ly/3FVTluJ
6/7/22 Tuesday	LGBTQIA Mental Health	11:00 am – 12:00 pm	Click here to register If the link does not work, email Benefits.Unit@seattle.gov
6/8/22 Wednesday	Considerations When Leaving the City – Deferred Compensation	12:00 pm – 12:30 pm	Click here to register
6/9/22 Thursday	Purchasing a Home	12:00 pm 1:00 pm	Click here to join https://bit.ly/3LklocP
6/15/22 Wednesday	Come to Think of it, Brain Health is important	12:30 pm – 1:00 pm	Click here to register https://bit.ly/3NkwYHv
6/21/22 Tuesday	Finding Fall Care With Kinside	12:00 pm – 12:30 pm	Click here to join https://bit.ly/3wAW3qX
6/22/22 Wednesday	Nearing Retirement – Deferred Compensation	12:00 pm – 12:45 pm	Click here to register
6/23/22 Thursday	Men & Depression	1:00 pm – 2:00 pm	Click here to register If the link does not work, email Benefits.Unit@seattle.gov
6/28/22 Tuesday	EAP Orientation (Employee)	12:00 pm – 12:45 pm	Click here to register https://bit.ly/3wOedH4
6/29/22 Wednesday	EAP Orientation (Supervisor)	11:30 am – 12:30 pm	Click here to register https://bit.ly/3z2oFwb
6/29/22 Wednesday	Deferred Compensation Fund Overview	12:00 pm – 12:30 pm	Click here to register
Online Any time	Health Plan Options for Retiring Employees	N/A	http://www.seattle.gov/human-resources/benefits/retirees/scers